

Welcome to Lotus Waters Massage · Beauty · Healing



BEAUTY TREATMENTS

Manicure

Basic – \$30 • Standard – \$45 • Deluxe \$60
Shellac Nails – \$10 extra, French – \$10 extra
Shellac Removal – \$10 • Foil Nails – \$40 (vinyl adhesive)

Pedicure

Basic – \$35 • Standard - \$50 • Deluxe – \$65
French – \$10 extra • Shellac Nails – \$40
Foil Nails – \$40 (vinyl adhesive)

Hair Removal

Lip or Chin – \$10
Eyebrow Shape – \$15
Face – \$20
½ Leg - \$25 • Full Leg – \$40
Under arm – \$20 • Arm – \$20
Bikini – \$20 • G String – \$25
First Brazilian – \$55, maintenance – \$40

Mens Hair Removal

Full Back – \$40 • Chest and Stomach – \$40
Arms – \$35 • Full Leg – \$50

Tinting

Eyebrow Tint – \$15 • Eyelash Tint – \$20

ANY 3 WAXING TREATMENTS – 10% DISCOUNT

TANNING

Full body exfoliation and spray tan : \$110
Full body spray tan : \$40 • ½ Body spray tan : \$25

IONIC DETOX FOOT SPA **\$12 per session, per person
or 12 sessions for \$120**

MASSAGE TREATMENTS

Remedial Massage, Relaxation Massage, Pregnancy Massage

**30 minutes : \$50 / 45 minutes : \$65
60 minutes : \$80 / 90 minutes : \$120
120 minutes : \$150**

Hot Stone (Pohaku) 60 minutes : \$100 / 90 minutes : \$120

Smooth warmed basalt stones are used to massage the body to relax and unwind muscle tension and stress from the body.

Lomi Lomi (Hawaiian Temple Style) 60 minutes : \$90

Graceful with rhythmic and flowing strokes combined with some Hawaii magic allows true surrender, balance, healing and transformation to take place. It benefits not only the physical body, but the emotional, mental and heart space too.

Massage Enhancements

Chakra cleansing and re-alignment – \$20
Reflexology mini treatment – \$30
Orange Hair Masque treatment – \$30
Magnesium spray treatment – \$15

SAUNA AND SPA TREATMENTS

Infra-red Sauna **30 minutes : \$20 per session, per person
or 5 sessions for \$90
60 minutes : \$30 per session, per person
or 5 sessions for \$90**
Bring a friend for only \$5 extra

Therapeutic Spa **30 minutes : \$20 per session, per person
60 minutes : \$30 per session, per person**
Bring a friend for only \$5 extra

AYURVEDA TREATMENTS

Ayurveda oil therapies serve to lubricate and open the channels through which energy and information flow, while conveying care and tenderness; these treatments saturate the recipient in liquid love.

Oil Massage (Abhyanga) 60 minutes : \$80
Anointing (Shirodhara) 40 minutes : \$70

HEALING TREATMENTS

Reflexology 60 minutes : \$75
Ear Candling 30 minutes : \$55
Cranio Sacral treatment
with Sharlene **30 minutes : \$45 / 60 minutes : \$80**

BOTANICAL FACIAL TREATMENTS

Pure skin treatments using nature's finest ingredients effectively, entwining beauty with botany to create timeless facial rituals that boost the complexion while instilling deep relaxation.

Petit Spa Facial 30 minutes : \$65

A cleansing facial designed to offer a quick pick-me-up to brighten, nourish and revitalise the complexion.

Anti-Ageing Eye Treatment 30 minutes : \$50

A revitalising layered treatment dedicated to the delicate eye area.

Seasonal Botanical Facial 60 minutes : \$90

A refreshing facial enriched in fresh seasonal ingredients to refresh and revitalise the skin.

Youth Elixir Facial 75 minutes : \$120

Anti-ageing, hydrating and rejuvenating for mature, dry and sensitive skin types. The ultimate anti-ageing treatment, with an infusion of precious omega serums, collagen and opulent essential oils to deeply replenish and renew.



Download the 'MINDBODY' app from the Apple App or Google Play stores, or book via our website.

LOTUS WATERS
Wellness Centre

Alexander Street, Shearwater, TAS 7307
03 6428 6280 • www.lotuswaters.com.au





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FACIAL ENHANCEMENTS

Enhance your spa experience with an added indulgence to complete your pampering treatment.

Anti-Ageing Eye Treatment UPGRADE	15 minute : \$30
Moroccan Rose & Guava Hand Treatment	\$55
Foot Smoothing Ritual	\$55
Orange Crème Hair Treatment Masque	\$30

RITUALS FOR HANDS, FEET & HAIR

Botanical Barefoot Indulgence 40 minutes : \$55

An aromatic foot massage treatment relieves stress and tension while enhancing relaxation and general wellbeing, leaving feet smooth enough to kiss!

Moroccan Rose Hand Treatment 40 minutes : \$55

Replenish beautiful hands and nails with exfoliation and a rejuvenating hand massage.

Orange Crème Hair Masque Upgrade \$30

A pure botanical hair treatment to restore lush brilliance to tired dry locks, and increase overall condition and shine. This treatment can be used as an upgrade to any package.

VICHY SHOWER TREATMENTS / BODY SMOOTHING RITUALS

Crème Body Polish / Sugar or Salt scrubs 45 minutes : \$90

An indulgent exfoliation massage treatment to leave skin feeling soft, hydrated and baby smooth. The vichy shower completes the treatment with a water massage, followed by a nourishing Waterlily moisturiser.

Choose from the following essential oil infusions or intense body exfoliations: **Lemongrass, Vanilla Bean, Fruit Tonic, Pink Frangipani, Purifying Marine, Spiced Chai, Pink Champagne.**

Waterlily Body Wrap Cocoon Treatments 75 minutes : \$175

These exotic body rituals effectively contour, firm and tone, and targets cellulite while deeply hydrating and nourishing the skin. The skin is prepared for body wrap treatments with a smoothing exfoliation of your choice (listed above). This sensual journey is enhanced with a hydrating PetitSpa Facial. The vichy shower

completes this exotic experience with a water massage, followed by a nourishing Waterlily moisturiser.

Choose from the following: **Lemongrass, Spiced Chai Tisane, Pink Frangipani, Purifying Marine, Vanilla Bean and Cocoa, and Hydrating Fruit.**

PACKAGES

Indulge in one of our luxurious packages. Platters and beverages are available to accompany each package upon request.

Detox Package 1 hour : \$30

30 minute Infra-red sauna followed by a 30 minute ionic detox foot spa.

Rejuvenation Package 2¼ hours : \$165 • For two : \$320

1 hour massage and 1 hour seasonal botanical facial.

An Indian Affair 2 hours : \$145

60 minute oil massage (Abhyanga) offers relaxation and purification, while incorporating Marma points, followed by Shirodhara, a therapeutic relaxation technique where warm oil is slowly streamed onto forehead.

Aloha Experience 2½ hours : \$230 • For two : \$450

Crème Body Polish, Lomi Lomi Massage, Petit Spa Facial.

Queen of the Nile 3 hours : \$260 • For two : \$500

Mandl Susu (milky petal bath), 60 minute aromatherapy massage with pure essential oils, botanical barefoot indulgence, Moroccan rose hand treatment, fruit platter and beverage.

Shearwater Escape 3¼ hours : \$285 • For two : \$560

Therapeutic Outdoor Spa, Vanilla Bean Crème Body Polish, hot stone massage, Petit Spa Facial.

Lotus Waters Pure Indulgence

4½ to 5 hours : \$410 For two : \$800

Therapeutic Spa, Waterlily Crème Body Wrap, one hour Relaxation Massage, Orange Crème Hair Masque, express manicure and pedicure, spa lunch and beverage.

MORE INFORMATION

Your comfort is important to us

Robes, disposable underwear & footwear are available for your comfort. Lockers are provided for safekeeping of your belongings.

Payment for packages is required (via credit card) on booking to secure your appointment. If you need to cancel please notify us at least 12-hours prior to appointment time. Failure to do so may result in full payment being deducted from your account. We appreciate your assistance in this matter.

Prices and treatments are accurate at 1 September 2016, but may change at any time.

APPOINTMENTS

Contact us on 03 6428 6280 or 0409 312 497 for further information and to book in your luxurious spa treatment with us today.

**Ask us about our wedding packages
and we will organise a quote for you.**



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