



# Welcome to Lotus Waters Massage · Beauty · Healing

## TANNING

Full body exfoliation and spray tan : \$130

Spray tan (Vani-T) : \$40

**IONIC DETOX FOOT SPA**      **\$20 per session, per person**

## MASSAGE TREATMENTS

**Remedial, Relaxation, Pregnancy, Deep Tissue,  
Sports and Aromatherapy Massage**

**30 minutes : \$60 / 45 minutes : \$75**

**60 minutes : \$90 / 90 minutes : \$120**

**Hot Stone (Pohaku) 60 minutes : \$120 / 90 minutes : \$150**

Smooth warmed basalt stones are used to massage the body to relax and unwind muscle tension and stress from the body.

**Lomi Lomi (Hawaiian Temple Style)**

**60 minutes : \$100 / 90 minutes : \$140**

Graceful with rhythmic and flowing strokes combined with some Hawaiian magic allows true surrender, balance, healing and transformation to take place. It benefits not only the physical body, but the emotional, mental and heart space too.

## Massage Enhancements

Chakra cleansing and re-alignment – \$25

Reflexology mini treatment – \$40

Orange Hair Masque treatment – \$35

## SAUNA AND SPA TREATMENTS

**Infra-red Sauna 30 minutes : \$25 per session, per person  
or 5 sessions for \$115**

*Bring a friend for only \$5 extra*

**60 minutes : \$40 per session, per person  
or 5 sessions for \$180**

**Therapeutic Spa 30 minutes : \$25 per session, per person**

*Bring a friend for only \$5 extra*

**60 minutes : \$40 per session, per person**

## AYURVEDA TREATMENTS

*Ayurveda oil therapies serve to lubricate and open the channels through which energy and information flow, while conveying care and tenderness; these treatments saturate the recipient in liquid love.*

**Oil Massage (Abhyanga) 60 minutes : \$90**

**Anointing (Shirodhara) 40 minutes : \$80**

## HEALING TREATMENTS

**Reflexology 45 minutes : \$70**

**Ear Candling 45 minutes : \$65**

**Cranio Sacral treatment 30 minutes : \$55 / 60 minutes : \$80**

**Kinesiology 90 minutes : \$120**

**Reiki : \$80**

## BOTANICAL FACIAL TREATMENTS

*Pure skin treatments using nature's finest ingredients effectively, entwining beauty with botany to create timeless facial rituals that boost the complexion while instilling deep relaxation.*

**Petit Spa Facial 30 minutes : \$70**

A cleansing facial designed to offer a quick pick-me-up to brighten, nourish and revitalise the complexion.

**Anti-Ageing Eye Treatment UPGRADE 15 minutes : \$30**

A revitalising layered treatment dedicated to the delicate eye area.

**Seasonal Botanical Facial 60 minutes : \$100**

A refreshing facial enriched in fresh seasonal ingredients to refresh and revitalise the skin.

**Youth Elixir Facial 75 minutes : \$130**

Anti-ageing, hydrating and rejuvenating for mature, dry and sensitive skin types. The ultimate anti-ageing treatment, with an infusion of precious omega serums, collagen and opulent essential oils to deeply replenish and renew.

## FACIAL ENHANCEMENTS

*Enhance your spa experience with an added indulgence to complete your pampering treatment.*

**Anti-Ageing Eye Treatment 15 minute : \$30**

**Moroccan Rose & Guava Hand Treatment \$65**

**Foot Smoothing Ritual \$65**

**Orange Crème Hair Treatment Masque \$35**

**10%  
OFF\***

\*All guests staying at the Shearwater Resort will receive 10% off all services we provide.



**10%  
OFF**

\*All treatments for guests staying at Shearwater Resort

**LOTUS WATERS**  
Wellness Centre

4/4 Alexander Street, Shearwater, TAS 7307  
03 6428 6280 • [www.lotuswaters.com.au](http://www.lotuswaters.com.au)



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## RITUALS FOR HANDS, FEET & HAIR

### **Botanical Barefoot Indulgence** 40 minutes : \$65

An aromatic foot massage treatment relieves stress and tension while enhancing relaxation and general wellbeing, leaving feet smooth enough to kiss!

### **Moroccan Rose Hand Treatment** 40 minutes : \$65

Replenish beautiful hands and nails with exfoliation and a rejuvenating hand massage.

### **Orange Crème Hair Masque** \$35

A pure botanical hair treatment to restore lush brilliance to tired dry locks, and increase overall condition and shine. This treatment can be used as an upgrade to any package.

## VICHY SHOWER TREATMENTS / BODY SMOOTHING RITUALS

### **Crème Body Polish / Sugar or Salt scrubs** 60 minutes : \$100

An indulgent exfoliation massage treatment to leave skin feeling soft, hydrated and baby smooth. The vichy shower completes the treatment with a water massage, followed by a nourishing Waterlily moisturiser.

*Choose from the following essential oil infusions or intense body exfoliations:* **Lemongrass, Vanilla Bean, Fruit Tonic, Pink Frangipani, Purifying Marine, Spiced Chai, Pink Champagne.**

### **Waterlily Body Wrap Cocoon Treatments** 90 minutes : \$190

These exotic body rituals effectively contour, firm and tone, and targets cellulite while deeply hydrating and nourishing the skin. The skin is prepared for body wrap treatments with a smoothing exfoliation of your choice (listed above). This sensual journey is enhanced with a hydrating PetitSpa Facial. The vichy shower completes this exotic experience with a water massage, followed by a nourishing Waterlily moisturiser.

*Choose from the following:* **Lemongrass, Spiced Chai Tisane, Pink Frangipani, Purifying Marine, Vanilla Bean and Cocoa, and Hydrating Fruit.**

## MORE INFORMATION

### **Your comfort is important to us**

Robes, disposable underwear & footwear are available for your comfort. Lockers are provided for safekeeping of your belongings.

**Payment** for packages is required (via credit card) on booking to secure your appointment. If you need to cancel please notify us at least 12-hours prior to appointment time. Failure to do so may result in full payment being deducted from your account. We appreciate your assistance in this matter.

## PACKAGES

*Indulge in one of our luxurious packages. Platters and beverages are available to accompany each package upon request.*

### **Detox Package** 1 hour : \$45

30 minute Infra-red sauna followed by a 30 minute ionic detox foot spa.

### **Rejuvenation Package** 2¼ hours : \$170 • For two : \$330

1 hour massage and 1 hour seasonal botanical facial.

### **An Indian Affair** 2 hours : \$160

60 minute oil massage (Abhyanga) offers relaxation and purification, while incorporating Marma points, followed by Shirodhara, a therapeutic relaxation technique where warm oil is slowly streamed onto forehead.

### **Aloha Experience** 2½ hours : \$260 • For two : \$500

Crème Body Polish, Lomi Lomi Massage, Petit Spa Facial.

### **Shearwater Escape** 3¼ hours : \$310 • For two : \$600

Therapeutic Outdoor Spa, Vanilla Bean Crème Body Polish, hot stone massage, Petit Spa Facial.

### **Lotus Waters Pure Indulgence** 5 hours : \$410 For two : \$800

Therapeutic Spa, Waterlily Crème Body Wrap, one hour Relaxation Massage, Orange Crème Hair Masque, 1 hour facial, spa lunch and beverage.

## GIFT VOUCHERS

*Share the enjoyment of one of our packages or treatments with a loved one by purchasing a gift voucher for them.*

### **Gift Vouchers** Various

Vouchers denominations are available in \$25, \$40, \$50, \$60, \$75, \$100, \$150, \$200, \$300 and \$400.

Prices and treatments are accurate at 18 Nov 2018, but may change at any time.

## APPOINTMENTS

Contact us on 03 6428 6280 or 0409 312 497 for further information and to book in your luxurious spa treatment with us today.

**Ask us about our wedding packages  
and we will organise a quote for you.**



10%  
OFF

\*All treatments for guests staying at Shearwater Resort

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